



ATHLETE CODE OF CONDUCT

- Play by the rules
- Never argue with or abuse an official
- Do not deliberately distract or provoke an opponent – this is not acceptable in our sport
- Work equally hard for yourself and your team. Everyone will only benefit from your efforts
- Show good sportsmanship – applaud all good results whether they be from your team, opponent, or from another Little Athletics group
- Show respect to coaches and officials, say thank you to officials after each event
- Recognise the value and importance of volunteer officials and/or coaches, as they give their time, resources and knowledge to provide an enjoyable and safe environment for you, and deserve your support
- Treat all fellow athletes as you would like to be treated – do not interfere with, bully or take unfair advantage of another athlete
- Co-operate with your coach, Centre or Club mates and other participants in our sport – without them there would be no competition
- Participate in Little Athletics for your enjoyment – not just to please your parents, relatives or your coach
- Avoid using bad language

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